



Monday 29th July 2024

[Website](#)

Good morning,

A few years ago one bright February afternoon we went to the beach at Winterton on the Norfolk coast, just up from Great Yarmouth where there is a beautiful wide expanse of sand. Unfortunately when the north wind blows it's very exposed like all of the Norfolk coast.

After several wet and cold days it was lovely to get out and see a bit of sunshine albeit briefly for a bracing walk along the shoreline and having confirmed that the North Sea was every bit as cold as it looked we headed home.

Leaving Winterton we passed a river dyke with boats tied up along both banks and these two Swans coming towards us. It was just too good an opportunity to miss so I quickly shot a few frames. If you look at the photograph on the website (click on the image) you can see how dirty their necks are from feeding on the weed in the muddy water. Looking at the strong shadow of the Swan's neck will give you an idea of how low the setting sun was by this time. The ripples created by the birds distort the reflections of the trees and the dinghy on the left creating an interesting pattern on the water's surface. *This image can be found in the Lifestyle section of the website.*

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**In The Journal this week...**

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### **The Monday Picture**

One image and the background story.

This photo was taken with the

Canon EOS 5D MKII & 24-105mm lens

Until next Monday have a great week.



Murray

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*The  
Monday  
Picture*