

It's back !

Good morning {firstname},

I hope you had a great weekend.

About twenty years ago I started [The Monday Picture](#) as something to send to my daughter on a Monday morning, as time went on it became an app and the number of subscribers grew steadily, this was great but it meant I had to provide more general content and after several years I felt it was time to rest it. Today it's back and the first image is from the Poultry section of the website.

This image was my entry for the Pink Lady Food Photography competition (2018) in the *Politics in Food* section. It was one of the final seven shortlisted, unfortunately it didn't win the competition but the little hen who was rescued from the slaughter house after being deemed unfit for the food market was definitely a winner as she enjoyed a long and happy retirement.



If you would like more details

[CLICK HERE](#)

The Monday Picture

One image and the background story.

If you would like the technical details of how I shot this image or any other please drop me a line.

Until next Monday have a great week.

Best wishes,

Murray

